



## Covid Guidance

If you have tested positive for COVID, please follow the information below. If you have tested positive for COVID, you do not need to make an appointment with Health Services.

### Important Update:

In alignment with the most updated guidelines from the Centers for Disease Control and Prevention (CDC) and the Rhode Island Department of Health, there is no longer a set isolation period for those who test positive for COVID-19. The CDC recommends that people stay home and away from others until their symptoms are getting better and they have been fever free for 24 hours without the use of fever reducing medications such as Tylenol and Motrin. Note that depending on the length of symptoms, this period could be shorter, the same, or longer than the previous guidance for COVID-19. Additional information can be found here: [Update Respiratory Guidance](#)

### Classes

Download, complete, and provide the [COVID Attestation form](#) to your professors. This form will serve as notification of missed classes due to COVID. You are still responsible for any material or work missed. We encourage you to communicate directly with your professors.

**Respiratory Virus Guidance Snapshot**

**Core prevention strategies**

- Immunizations
- Hygiene
- Steps for Cleaner Air
- Treatment
- Stay Home and Prevent Spread\*

**Additional prevention strategies**

- Masks
- Distancing
- Tests

**\*Stay home and away from others until, for 24 hours BOTH:**

- Your symptoms are getting better
- You are fever-free (without meds)

**Then take added precaution for the next 5 days**

**Layering prevention strategies can be especially helpful when:**

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering