NOTICE REGARDING WELLNESS PROGRAM

**Bryant University Good Cent$ Wellness Program** is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you **may choose** to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening. You are not required to complete the HRA or to participate in the blood test or other medical examinations **in order to participate in the wellness program**.

However, **employees who choose to participate in the wellness program will receive an incentive of $300 discount on annual health insurance premium for the following year if they complete an annual physical and two of the four programs (Dental Exam, Wellness Clinic (biometric screenings), Wellness Seminar, or Health Risk Assessment).** Although you are not required to complete the any of the programs noted above, only employees who fulfill the criteria will receive the incentive.

Additional incentives may be available for employees who participate in certain health-related activities that obtain points on the Blue Cross of Rhode Island portal. If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting **Kellie Mackisey at extension 6403.**

The information from your Health Risk Assessment and the results from your biometric screenings will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the wellness programming (for example, you may be outreached to by a BCBSRI health coach?). You also are encouraged to share your results or concerns with your own doctor.

Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. BCBSRI collects and maintains all HRA and biometric data. Bryant University does not receive personally identifiable health information from BCBSRI. Only aggregate, de-identified information is shared with **Bryant University Good Cent$ Wellness Program** by BCBSRI for the purpose of designing programming based on identified health risks in the workplace. BCBSRI does share individual’s program participation with Bryant University for the ability to fulfill incentives. **Bryant University Good Cent$ Wellness Program** will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Cathy Currie at 401-232-6365.